WEEK 14. Per annum

ENTRANCE ANTIPHON  Suscepimus, Deus. Ps 47 : 10-11

1. OUR mer-ci-ful love, O God, * we have received

in the midst of your tem-ple. Your praise, O God, like

your name, reach-es to the ends of the earth ;

your right hand is filled with jus-tice.

- ii -

2. OUR mer-ci-ful love, O God, * we have received

in the midst of your tem-ple. Your praise, O God, like your

name, reaches to the ends of the earth ; your right hand

is filled with jus-tice.

VERSES  Magnus Dominus, et laudabilis nimis. Psalm 47 : 2

Vs. 1

G Reat is the Lord and high-ly to be praised, * in the
cit-y of our God, up-on his ho-ly moun-tain.

Sicut audivimus, sic vidimus. Psalm 47 : 9

Vs. 2

A S we have heard, so have we seen, in the cit-y of the
Lord of hosts, * in the cit-y of our God, in the midst of
your tem-ple.

Vs. 3

G Lo-ry be to the Father, and to the Son, and to the
Ho-ly Spir-it. * As it was in the beginning, is now, and
VERSES  

Magnus Dominus et laudabimus nimis. Psalm 47

Psalm tone by Fr. Tobias Colgan, O.S.B., adapted.

1. Great is the Lord and highly to be praised in the city of our God. His holy mountain rises in beauty, the joy of all the earth. Ant.

2. Mount Sion, in the heart of the North, the city of the Great King! God, in the midst of its citadels, has shown himself its stronghold. Ant.

3. Behold! the kings assembled; together they advanced. They saw; at once they marveled; dismayed, they fled in fear. Ant.

4. A trembling seized them there, anguish, like pains in giving birth, as when the east wind shatters the ships of Tharshish. Ant.

5. As we have heard, so we have seen in the city of our God, in the city of the Lord of hosts, which God establishes forever. Ant.

6. Walk through Sion, walk all around her; count the number of her towers. Consider all her ramparts; examine her castles, Ant.

7. That you may tell the next generation that such is our God, our God forever and always. He will guide us forever. Ant.

7. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen. Ant.
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in the midst of your tem-ple. Your praise, O God, like your
name, reach-es to the ends of the earth ; your right hand is
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and to the Holy Spirit.
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world without end. Amen. Ant.
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OFFERTORY ANTIPHON  Populum humilem. Psalm 17: 28. 32

6. F

Y
OU will save * the hum-ble peo-ple, O Lord, and will
bring down the eyes of the proud; for who is God, but you,
O Lord?

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VERSES  Diligam te, Domine. Ps 17: 2

Y 1
I
will love you, O Lord, my strength, * the Lord is my
stronghold, my re-fuge, and my de-liv-er-er. Ant.

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Deus meus adiutor meus. Ps 17: 3

M
Y God is my help-er, † and in him will I put my
trust. * My protec-tor and the horn of my sal-va-tion, and my
support. Ant.

Laudans invocabo Dominum. Ps 17: 4

P
Raising, I will call up- on the Lord, * and I shall
be saved from my en-e-mies. Ant.

Quoniam tu illuminas lucernam meam. Ps 17: 29-30

F
OR you will give light to my lamp, O Lord, † O my
God, enlight-en my darkness, * and with my God, I can scale
an- y wall. Ant.
The Lord is near to the broken-hearted, * and those who trust his name.

O magnify the Lord with me, * together let us exalt him.

O taste and see that the Lord is good; * blessed is the man who seeks refuge in him.

6. F

The angel of the Lord encamps * around those who fear him, to rescue them.

Timete Dominum. Ps 33:10

O fear the Lord, all you his saints, * for those who fear him have no want.

luxta est Dominus iis. Ps 33:19

The Lord is near to the broken-hearted, * and those who are crushed in spirit he will save.

Redimet Dominus animas. Ps 33:23

The Lord will redeem the souls of his servants; * and no one who hopes in him will be condemned.

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This very beautiful and consoling Psalm assures us that God never abandons his children. He rescues them from every peril and rewards them richly. Like a refrain, four times repeated, one mighty theme stands out: “The just man cried out to God, and God delivered him from every peril. May the inspiring verses of this Psalm give us strength and courage to continue the battle.”

Psalm 33 was a great favorite among the early Christians and was often chanted as a Communion hymn during Holy Mass because of the verse “O taste and see that the Lord is sweet.” The Greek word for “sweet” is chrestos; the similarity in sound with the word Christos, Christ, gave rise to a play on the phrasing: “O taste and see that (it is) Christ (chrestos) the Lord!”

“Look towards him and be enlightened.” Saint John Fisher recited this line when he saw that the sun shown behind the scaffold. This is the song of martyrs: the Lord sets them free from all their torments. It is also a song for the small martyrdoms of every day whether volunteered or simply accepted. There will be no ultimate defeat, not “...a bone broken...” for those who are one with the Lamb of our Passover on the Cross.

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COMMUNION ANTIPHON. 5. c  * Gustate et videte.  
Ps. 33 : 9

5. c

Taste and see * that the Lord is good; blessed the man
who seeks refuge in him.

Verses of Ps 33.

Or:

COMMUNION ANTIPHON. 5. c Venite ad me omnes.  
Mt 11 : 28

Come to me, * all you who labor and are burdened, and I will refresh you, says the Lord. Verses of Ps 33.

VERSES  

Benedicam Dominum in omni tempore. Psalm 33

6. F

1. I will bless the Lord at all times; praise of him is always in my mouth.
   In the Lord my soul shall make its boast; the humble shall hear and be glad. Ant.

2. The angel of the Lord is encamped around those who fear him, to rescue them.
   Taste and see that the Lord is good.
   Blessed the man who seeks refuge in him. Ant.

3. Fear the Lord, you his holy ones.
   They lack nothing, those who fear him.
   The rich suffer want and go hungry, but those who seek the Lord lack no blessing. Ant.

4. Come, children, and hear me, that I may teach you the fear of the Lord.
   Who is it that desires life and longs to see prosperous days? Ant.

5. Guard your tongue from evil, and your lips from speaking deceit.
   Turn aside from evil and do good.
   Seek after peace, and pursue it. Ant.

6. When the just cry out, the Lord hears, and rescues them in all their distress.
   The Lord is close to the brokenhearted; those whose spirit is crushed he will save. Ant.

7. Glory be to the Father, and to the Son, and to the Holy Spirit.
   As it was in the beginning, is now, and ever shall be, world without end. Amen. Ant.