WEEK 18. PER ANNUM

ENTRANCE ANTIPHON

Deus in adiutorium meum.
Ps 69:2,6

-1-

8. G

O God, * come to my assistance; O Lord, make
haste to help me! You are my rescuer, my help; O

Lord, do not delay.

-ii-

8. G

O God, come to my assistance; * O Lord, make
haste to help me! You are my rescuer, my help; O

Lord, do not delay.

VERSUES

Exsultent et leentur in te. Psalm 69:5

V. 1

L ET all who seek you re-joice and be glad in you, * and
let all who love your sal-va-tion say al-ways: The Lord be
mag-ni-fied.

Ego vero egenus et pauper sum. Psalm 69:6

V. 2

B UT I am need-y and poor: O God, help me. * You are
my help-er and my de-liv-er-er, O Lord, make no de-lay.

Gloria Patri, et Filio, et Spiritui Sancto.

V. 3

G LO-RY be to the Father, and to the Son, and to the
Ho-ly Spir-it. * As it was in the be-ginning, is now, and
ev-er shall be, world with-out end. A-men.
WEEK 18. Per annum

ENTRANCE ANTIPHON  Deus in adiutorium meum,  
Ps 69 : 2. 6  

8. G God, come to my assistance ; * O Lord, make haste to help me ! You are my rescuer, my help ; O Lord, do not delay.

VERSES  Deus, in adiutorium meum. Psalm 69

1. O God, come to my assistance ;  
O Lord, make haste to help me !  
Let there be shame and confusion on those who seek my life. Ant.

2. O let them turn back in confusion,  
who delight in my harm ;  
let them retreat ; / covered with shame,  
who jeer and mock. Ant.

3. O let there be rejoicing and gladness for all who seek you.  
Let them say forever, “ God is great, ” who love your saving help. Ant.

4. As for me, wretched and poor,  
hasten to me, O God.  
You are my rescuer, my help ;  
O Lord, do not delay. Ant.

5. Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end. Amen. Ant.
WEEK 18. Per annum

OFFERTORY ANTIPHON

Precatus est Moyses.

Cf. Ex 32:11, 12, 13, 14

VERSES

Dixit Dominus ad Moysen.

\[ \text{V. } 1 \]

The Lord spoke to Moses: You have found grace in my sight and I know you above all others. And Moses, making haste, bowed down prostrate unto the earth, and adoring, said: I know that you show mercy unto thousands, taking away our iniquity and our sins. **And the Lord.

Dixit Moyses et Aaron.

\[ \text{V. } 2 \]

Oses and Aaron spoke to all the multitude of the children of Israel: Draw near before God; for the majesty of the Lord has appeared in the cloud, and he has heard your murmuring in the time of temptation. **And the Lord.

Moses prayed in the sight of the Lord his God, and said: Why, O Lord, is your indignation kindled against your people? Let the anger of your mind cease:

Remember Abraham, Isaac, and Jacob, to whom you swore to give a land flowing with milk and honey. **And the Lord was appeased from doing the evil which he had spoken of doing against his people.

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WEEK 18. Per annum

OFFERTORY ANTIPHON

Precatus est Moyses.
Cf. Ex 32: 11. 12. 13. 14

- ii -

8. G

Moses prayed in the sight of the Lord his God, and said: * Why, O Lord, is your indignation kindled against your people? Let the anger of your mind cease; remember Abraham, Isaac, and Jacob, to whom you swore to give a land flowing with milk and honey. ** And the Lord was appeased from doing the evil which he had spoken of doing against his people.

VERSES

Dixit Dominus ad Moysen.

\[ \text{Vs. 1} \]

THE Lord spoke to Moses: You have found grace in my sight and I know you above all others. And Moses, making haste, bowed down prostrate unto the earth, and adoring, said: I know that you show mercy unto thousands, taking away our iniquity and our sins. ** And the Lord.

Dixit Moyses et Aaron.

\[ \text{Vs. 2} \]

Moses and Aaron spoke to all the multitude of the children of Israel: Draw near before God; the majesty of the Lord has appeared in the cloud, and he has heard your murmuring in the time of temptation. ** And the Lord.
OU have giv-en us, O Lord, * bread from heav-en,
endowed with all delights and sweetness in ev’ry taste.

O taste and see that the Lord is good ; * bless-ed the man who
takes re-fuge in him, to res-cue them.

The angel of the Lord encamps * around those who fear
him, to res-cue them.

Magnificate Dominum mecum. Ps 33 : 4
O mag-ni-fy the Lord with me, * to-geth-er let us ex-tol
his name.

Exquisivi Dominum. Ps 33 : 5
I sought the Lord, and he answered me, * and de-liv-ered
me from all my fears.

Immittet angelus Domini. Ps 33 : 8
The an-gel of the Lord encamps * around those who fear
him, to res-cue them.

Gustate et videte. Ps 33 : 9
O taste and see that the Lord is good ; * bless-ed the man who
takes re-fuge in him.

Iuxta est Dominus iis. Ps 33 : 19
The Lord is near to the brok-en-heart-ed, * and those who
are crushed in spir-it he will save.

Redimet Dominus animas. Ps 33 : 23
The Lord will redeem the souls of his serv-ants ; * and no one
who hopes in him will be con-demned.
Psalm 33. Blessings of holy fear

This very beautiful and consoling Psalm assures us that God never abandons his children. He rescues them from every peril and rewards them richly. Like a refrain, four times repeated, one mighty theme stands out: The just man cried out to God, and God delivered him from every peril. May the inspiring verses of this Psalm give us strength and courage to continue the battle.

Psalm 33 was a great favorite among the early Christians and was often chanted as a Communion hymn during Holy Mass because of the verse “O taste and see that the Lord is sweet.” The Greek word for “sweet” is chrestos; the similarity in sound with the word Christos, Christ, gave rise to a play on the phrasing: “O taste and see that (it is) Christ (chrestos, Christ)”

“Look towards him and be enlightened.” Saint John Fisher recited this line when he saw that the sun shown behind the scaffold. This is the song of martyrs: the Lord sets them free from all their terrors. It is also a song for the small martyrs of every day whether volunteered or simply accepted. There will be no ultimate defeat, not “a bone broken” for those who are one with the Lamb of our Passover on the Cross.

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WEEK 18. Per annum

COMMUNION ANTIPHON.

Panem de caelo.
Wisdom 16:20

6. F

OU have giv-en us, O Lord, * bread from heav-en,

endowed with all delights and sweetness in ev’ry taste.

Verses

Attendite, popule meus, legem meam. Psalm 77:1

1. Give ear, my people, to my teaching;
   incline your ear to the words of my mouth.
I will open my mouth in a parable
and utter hidden lessons from the past. Ant.

2. The things we have heard and understood,
   the things our fathers have told us,
   the glories of the Lord and his might,
   and the mavelous deeds he has done. Ant.

3. Yet he commanded the clouds above,
   and opened the gates of heaven.
He rained down manna to eat,
and gave them bread from heaven. Ant.

4. Man ate the bread of angels.
   He sent them abundance of food.
He rained flesh upon them like dust,
and gave them bread from heaven. Ant.

5. So they ate and had their fill,
   what they craved, he gave them.
Yet he who is full of compassion
forgave them their sin and spared them. Ant.

6. Glory be to the Father, and to the Son,
   and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen. Ant.