O Lord, you search me and you know me, / 
you know my resting and my rising, 
you discern my purpose from afar. 
You mark when I walk or lie down, 
all my ways lie open to you. (R')

Behind and before you besiege me, 
you hand ever laid upon me. 
Too wonderful for me, this knowledge, 
too high, beyond my reach. (R')

O where can I go from your spirit, 
or where can I flee from your face? 
If I climb the heavens, you are there. 
If I lie in the grave, you are there. (R')

If I take the wings of the dawn 
and dwell at the sea’s furthest end, 
even there you hand would lead me, 
your right hand would hold me fast. (R')

If I say : ‘Let the darkness hide me 
and the night around me be night,’ 
even darkness is not dark for you 
and the night is as clear as the day. (R')
7. The Lord * will be your everlasting light and your God will be your glory.

The Lord is my light and my salvation; *
whom should I fear?
The Lord is the refuge of my life;
of whom should I be afraid? (R)

One thing I ask of the Lord; *
this I seek:
To dwell in the house of the Lord *
all the days of my life. (R)

That I may behold the beauty of the Lord *
and contemplate his temple.
For he will hide me in his abode *
in the day of trouble. (R)

I believe that I shall see the good things of the Lord *
in the land of the living.
Wait for the Lord with courage; *
be strong, and wait for the Lord. (R)