SUNDAY I AT I VESPERS

O

God, come to my assistance. R: O Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever.


Hymn

O Lux, beata Trinitas

O Trinity of blessed light,
O Unity of princely might,
The fiery sun now goes his way;
Shed thou within our hearts thy ray.

To thee our morning song of praise,
To thee our evening prayer we raise;
Thy glory suppliants we adore
For ever and for evermore.

All laud to God the Father be:
All praise, eternal Son, to thee;
All glory, as is ever meet,
To God the holy Paraclete. Amen.
Week I

IKE burning incense, Lord, * let my prayer rise up to you.

Psalm 140:1-9

A prayer when in danger

An angel stood before the face of God, thurible in hand. The fragrant incense soaring aloft was the prayer of God’s people on earth (Revelation 8:4).

I have called to you, Lord ; † hasten to help me ! * Hear my voice when I cry to you.

Let my prayer arise before you like incense, * the raising of my hands like an evening oblation.

Set, O Lord, a guard over my mouth ; * keep watch, O Lord, at the door of my lips !

Do not turn my heart to things that are wrong, * to evil deeds with men who are sinners.

Never allow me to share in their feasting. * If a good man strikes or reproves me it is kindness ;

but let the oil of the wicked not anoint my head. * Let my prayer be ever against their malice.

Their princes were thrown down by the side of the rock ; * then they understood that my words were kind.

As a millstone is shattered to pieces on the ground, * so their bones were strewn at the mouth of the grave.

To you, Lord God, my eyes are turned : * in you I take refuge ; spare my soul !

From the trap they have laid for me keep me safe : * keep me from the snares of those who do evil.

Glory to the Father, and to the Son, * and to the Holy Spirit : as it was in the beginning, is now, * and will be for ever. Amen.

The Antiphon is repeated.
OU are my refuge, Lord; * you are all that I desire in life.

Psalm 141

What is written in this Psalm was fulfilled in our Lord's Passion (St. Hilary).

WITH all my voice I cry to the Lord, * with all my voice I entreat the Lord.

I pour out my trouble before him; * I tell him all my distress while my spirit faints within me. * But you, O Lord, know my path.

On the way where I shall walk * they have hidden a snare to entrap me.

Look on my right and see: * there is no one who takes my part.

I have no means of escape, * not one who cares for my soul.

I cry to you, O Lord. † I have said: 'You are my refuge, * all I have in the land of the living. '

Listen, then, to my cry * for I am in the depths of distress.

Rescue me from those who pursue me * for they are stronger than I.

Bring my soul out of this prison * and then I shall praise your name.

Around me the just will assemble * because of your goodness to me.

Glory to the Father, and to the Son, * and to the Holy Spirit:

as it was in the beginning, * is now, * and will be for ever. Amen.

The Antiphon is repeated.
Week I

Ant.

HE Lord Jesus humbled himself, * and God exalted him for ev- er.

Canticle of Revelation

Christ, God's holy servant

Philippians 2: 6-11

Though he was in the form of God, † Jesus did not deem equality with God * something to be grasped at.

Rather, he emptied himself and took the form of a slave, * being born in the likeness of men.

He was known to be of human estate, * and it was thus that he humbled himself,

obediently accepting even death, * death on a cross !

Because of this, God highly exalted him † and bestowed on him the name * above every other name,

So that at Jesus’ name every knee must bend * in the heavens, on the earth, and under the earth,

and every tongue proclaim to the glory of God the Father : * Jesus Christ is Lord !

Glory to the Father, and to the Son, * and to the Holy Spirit :

as it was in the beginning, is now, * and will be for ever.

Amen.

The Antiphon is repeated.

Sunday at I Vespers

Holy Lord, Father all-powerful,

let justice spring up on the earth

—then your people will dwell in the beauty of peace.

Let every nation come into your kingdom,

—so that all people will be saved.

Let married couples live in your peace,

—and grow in mutual love.

Reward all who have done good to us, Lord,

—and grant them eternal life.

Look with compassion on victims of hatred and war,

—grant them heavenly peace.

The Lord’s Prayer

Athering our prayers and praises into one, let us offer the prayer Christ himself taught us : R: Our Father.
children for ever.

11. Glory to the Father, and to the Son, * and to the Holy Spirit.

12. As it was in the beginning, * is now, and will be for ever.

Amen.

Antiphon

The greatest among you will be your servant, says the Lord; for I will lift up in glory the man who humbles himself.

Intercessions

V. E give glory to the one God—Father, Son and Holy...
T HE greatest among you will be your servant, says the Lord; for I will lift up in glory the man who humbles himself.

Canticle of the Blessed Virgin Mary

Lk 1: 46-55

M Y soul proclaims the greatness of the Lord, * my spirit rejoices in God my Savior

2. for he has looked with favor * on his lowly servant.

3. From this day all generations * will call me blessed:

4. the Almighty has done great things for me, * and holy is his Name.

5. He has mercy on those who fear him * in every generation.

6. He has shown the strength of his arm, * he has scattered the proud in their conceit.

7. He has cast down the mighty from their thrones, * and has lifted up the lowly.

8. He has filled the hungry with good things, * and the rich he has sent away empty.

9. He has come to the help of his servant, Isra-el * for he has remembered his promise of mercy,

10. the promise he made to our fathers, * to Abraham and his