

*Cantor* : Blessed be the great Mother of God, / Mary most **holy**. \*  
Blessed be her holy and Immaculate *Conception*.

*All* : Blessed be her glorious *Assumption*. \*  
Blessed be the name of Mary, / virgin *and mother*.

*Cantor* : Blessed be Saint **Joseph**, \*  
her most *chaste spouse*.

*All* : Blessed be **God** \*  
in his angels and in *his saints*.

*Holy God, We Praise Thy Name*

Holy God, we praise thy Name ;	Hark ! The loud celestial hymn
Lord of all, we bow before thee ;	Angel choirs above are raising ;
All on earth thy scepter 'claim ;	Cherubim and seraphim,
All in heav'n above adore thee ;	In unceasing chorus praising,
Infinite thy vast domain ;	Fill the heav'ns with sweet accord :
Everlasting is thy reign.	Holy, holy, holy Lord.

---

**PRAYER AFTER THE DIVINE OFFICE**

Let every creature give unending praise, honor, power and glory throughout all eternity to the Most Holy and Undivided Trinity, the crucified humanity of our Lord Jesus Christ, the chaste Motherhood of Mary, the ever glorious and blessed Virgin, and to the entire assembly of saints, and may we be granted the forgiveness of our sins.

Blessed is the womb of the Blessed Virgin Mary which bore the Son of the Eternal Father. And blessed are the breasts which nursed Christ our Lord.



**PRAYER BEFORE THE DIVINE OFFICE**

Open my lips, O Lord, to praise your holy Name. Cleanse my heart of any vain, evil, or distracting thoughts. Give light to my mind and fervor to my will; enable me to recite this Office worthily, attentively, and devoutly, so that my prayer will be heard in the presence of your divine Majesty. Through Christ our Lord. Amen.

Lord, I offer you this Hour with the divine intention you had while on earth offering praises to God.

**EXPOSITION AND ADORATION  
OF THE MOST BLESSED SACRAMENT**

*O Salutaris Hostia*

O salutáris hóstia,  
Quæ cæli pandis óstium,  
Bella premunt hostília ;  
Da robur, fer auxiliúm.

Uni trinóque Dómino  
Sit sempitérna glória :  
Qui vitam sine término  
Nobis donet in pátria.

Amen.

O Saving Victim opening wide  
The gate of heav'n to man below :  
Our foes press on from every side ;  
Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend  
For evermore, blest One in Three ;  
O grant us life that shall not end  
In our true native land with thee.

Amen.

*A time of silent adoration follows.*

FIFTH SUNDAY OF LENT. AT SECOND VESPERS

*Psalter: Week I*

OPENING VERSE

STAND

**O** God, come to my as-sistance. *R.* O Lord, make haste to help me. Glo- ry to the Fa-ther, and to the Son, and to the Ho- ly Spir-it : as it was in the be-gin-ning, is now, and will be for ev- er. A- men.

HYMN

*6th cent. Venantius Fortunatus*

*Vexilla regis prodeunt.*

*Cantor begins and alternates with All.*

1. *The royal banners forward go,  
The Cross shines forth in mystic glow,  
Where he in flesh, our flesh who  
made,  
Our sentence bore, our ransom paid.*
2. **Where deep for us the spear was dyed,  
Life's torrent rushing from his side,  
To wash us in that precious flood  
Where mingled Water flowed and Blood.**
3. *Fulfilled is all that David told  
In true prophetic song of old:  
Amidst the nations, God, saith he,  
Hath reigned and triumphed from the tree.*

4. **O Tree of beauty, Tree of light!  
O Tree with royal purple bright!  
Elect on whose triumphal breast  
Those holy limbs should find their rest.**
5. *On whose dear arms, so widely flung,  
The weight of this world's ransom hung;  
The price of humankind to pay,  
And spoil the Spoiler of his prey.*
6. **O Cross, our one reliance, hail!  
This holy Passiontide avail  
To give fresh merit to the saint  
And pardon to the penitent.**
7. *To thee, eternal Three in One,  
Let homage meet by all be done:  
Whom by the Cross thou dost restore,  
Preserve and govern evermore. Amen.*

BENEDICTION

OF THE MOST BLESSED SACRAMENT

*Tantum ergo Sacramentum*

Tantum ergo Sacramentum  
Veneremur cernui ;  
Et antiquum documentum  
Novo cedat ritui ;  
Præstet fides supplementum  
Sensuum defectui.

Genitori, Genitque  
Laus et iubilatio,  
Salus, honor, virtus, quoque  
Sit et benedictio :  
Procedenti ab utroque  
Compar sit laudatio. Amen.

*V.* Panem de cælo præstitisti  
eis (*T. P.* alleluia).  
*R.* Omne delectamentum in se  
habentem (*T. P.* alleluia).

Oratio

*Oremus.*

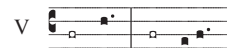
**D**EUS, qui nobis sub sacramento mirabili, passionis tuæ memoriam reliquisti : \* tribue, quæsumus, ita nos Corporis et Sanguinis tui sacra mysteria venerari ; ut redemptionis tuæ fructum in nobis iugiter sentiamus : Qui vivis et regnas in sæcula sæculorum. *R.* Amen.

Prayer

*Let us pray.*

**O** God, who in this wonderful Sacrament have left us a memorial of your Passion, \* grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever. *R.* Amen.

The Divine Praises



- Cantor :* Blessed be **God**. \*  
Blessed be his holy **Name**.
- All :* Blessed be Jesus Christ, / true God and true **man**. \*  
Blessed be the Name of **Jesus**.
- Cantor :* Blessed be his most Sacred **Heart**. \*  
Blessed be his most Precious **Blood**.
- All :* Blessed be Jesus in the most holy Sacrament of the **Altar**. \*  
Blessed be the Holy Spirit, *the Paraclete*.

## INTERCESSIONS



*Celebrant* : All praise to God the Father / who brought his chosen people to rebirth from imperishable seed / through his eternal Word. / Let us ask him as his **children** :

*All* : Lord, / be gracious to *your people*.

*Cantor* : God of mercy, / hear the prayers we offer for all your **people**,

*All* : may they hunger for your word / more than for bodily **food**.

*Cantor* : Give us a sincere and active love / for our nation and for all **mankind**,

*All* : may we work always / to build a world of peace *and goodness*.

*Cantor* : Look with love on all to be reborn in **baptism**,

*All* : that they may be living stones / in your temple of *the Spirit*.

*Cantor* : You moved Nineveh to repentance by the preaching of **Jonah**,

*All* : in your mercy touch the hearts of sinners / by the preaching of *your word*.

*Cantor* : May the dying go in hope to meet Christ their **judge**,

*All* : may they rejoice for ever in the vision of *your glory*.

*Celebrant* : Our Father . . .

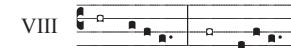
By your help, we beseech you, *Lord our God*, \*  
may we walk eagerly in that same charity  
with which, out of love for the world,  
your Son handed himself over to death.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit, *one God*, \*  
for ever and ever.

*All* : Amen.

*Vespers concludes with Benediction of the Most Blessed Sacrament.*

## ANTIPHON I

*SIT*



*Cantor* : As the serpent was lifted up *in the desert*, \*  
so the Son of Man must be *lifted up*.

### Psalm 109

#### King and Priest

*A famous Messianic Psalm. In colorful pictures, the royal psalmist paints the mission, conflict, and triumph of our Savior. We ought to pray this Psalm with sentiments of deepest devotion, homage, adoration; for Christ has applied these words of prophecy to himself.*

*Christ's reign will last until all his enemies  
are made subject to him (1 Corinthians 15 : 25)*

#### Appointed King by God

*Cantor* : The Lord's revelation to my Master : /  
“ Sit on my **right** : \*  
your foes I will put *beneath your feet*. ”

*All* : The Lord will wield from Sion your scepter of **power** : \*  
rule in the midst of *all your foes*.

*Cantor* : A prince from the day of your birth on the *holy mountains* ; \*  
from the womb before the dawn *I begot* you.

#### Appointed Priest by God

*All* : The Lord has sworn an oath he will not change. /  
“ You are a *priest for ever*, \*  
a priest like Melchizedek of **old**. ”

#### Conqueror and Judge in God

*Cantor* : The Master standing *at your right* hand \*  
will shatter kings in the day of *his great wrath*.

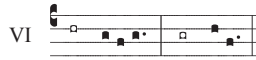
*All* : He shall drink from the stream *by the wayside* \*  
and therefore he shall lift up *his head*.

#### Doxology

*Cantor* : Glory to the Father, and *to the Son*, \*  
and to the *Holy Spirit* :

*All* : as it was in the beginning, *is now*, \*  
and will be for ever. **Amen**.

*Cantor* : As the serpent was lifted up *in the desert*, \*  
so the Son of Man must be *lifted up*.



**ANTIPHON 2**

*Cantor* : The Lord of hosts protects us and *sets us free*; \*  
he guides and saves *his people*.

**Psalm 113**

**The Israelites are delivered from the bondage of Egypt**

*This Psalm in its simplicity is full of poetry: nature rejoices as it sees God marching by in the Ark of the Covenant. In our prayers, this is God's solemn procession through time in the forward progress of his Church. Christ is in procession, a Corpus Christi procession; and it is our privilege to march along with him.*

*You too left Egypt when, at Baptism, you renounced that world which is at enmity with God (Saint Augustine)*

**God and his people**

*Cantor* : When Israel came *forth from Egypt*, \*  
Jacob's sons from an alien **people**,

*All* : Judah became *the Lord's temple*, \*  
Israel became *his kingdom*.

**Nature's holy fear**

*Cantor* : The sea fled *at the sight* : \*  
the Jordan turned back on *its course*.

*All* : the mountains *leapt like rams* \*  
and the hills like *yearling sheep*.

*Cantor* : Why was it, sea, *that you fled*, \*  
that you turned back, Jordan, on *your course* ?

*All* : Mountains, that you *leapt like rams*, \*  
hills, like *yearling sheep* ?

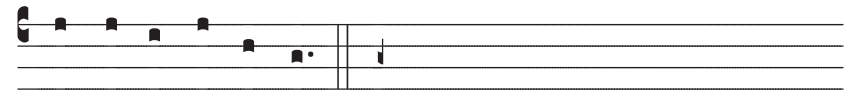
*Cantor* : Tremble, O earth, *before the Lord*, \*  
in the presence of the God *of Jacob*,

*All* : who turns the rock into *a pool* \*  
and flint into a spring *of water*.

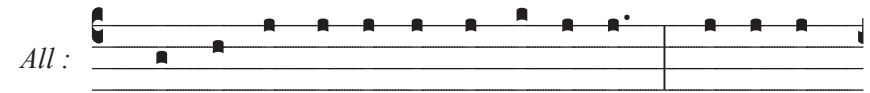
**Doxology**

*Cantor* : Glory to the Father, and *to the Son*, \*  
and to the Holy **Spirit** :

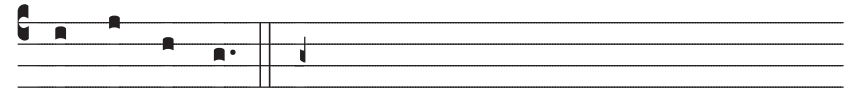
*All* : as it was in the *beginning, is now*, \*  
and will be for ever. **Amen**.



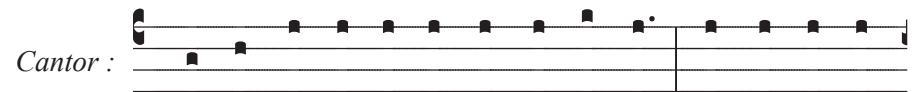
his children for ev- er.



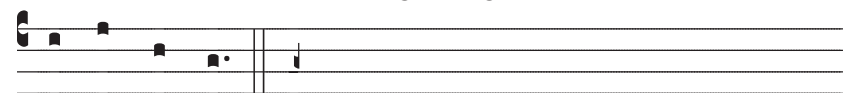
10. Glo- ry to the Fa-ther, and to the Son, \* and to the



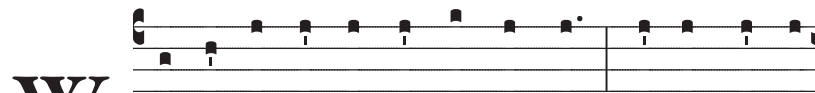
Ho- ly Spir- it :



11. as it was in the be- gin-ning, is now \* and will be for

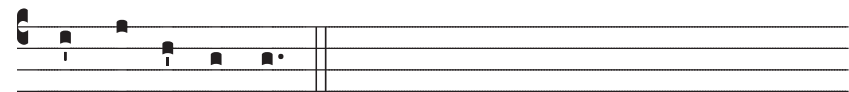


ev- er. A- men. *The antiphon is repeated by the Cantor.*

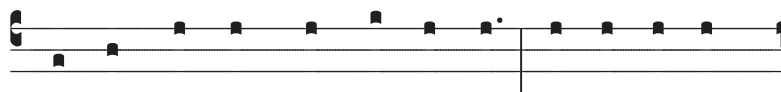


**W**

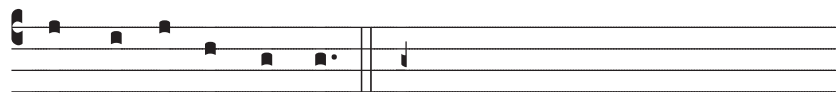
HEN I am lift- ed up from the earth, I will draw all



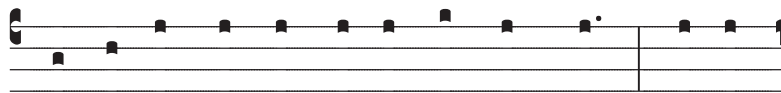
peo- ple to my-self.

Cantor : 

5. He has shown the strength of his arm, \* he has scattered



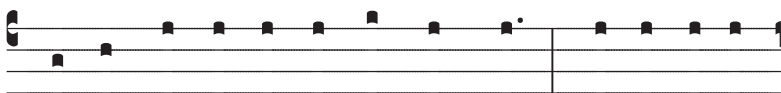
the proud in their con-ccit.

All : 

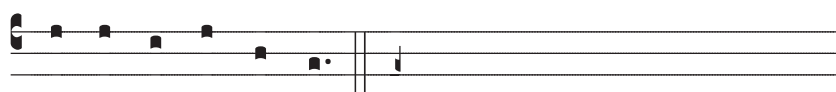
6. He has cast down the might-y from their thrones, \* and has



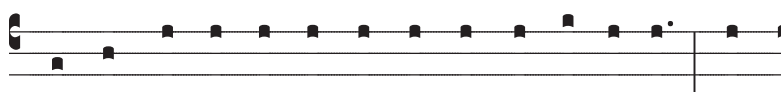
lift-ed up the low-ly.

Cantor : 

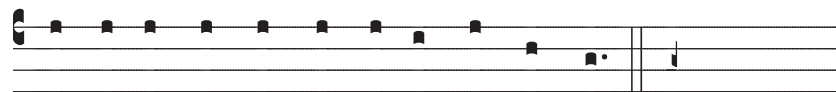
7. He has filled the hun-gry with good things, \* and the rich he



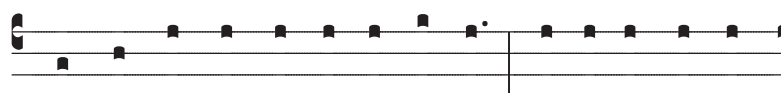
has sent a-way emp-ty.

All : 

8. He has come to the help of his ser-vant, Is- ra- el \* for

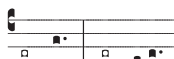


he has re-mem-bered his promise of mer- cy,

Cantor : 

9. the prom-ise he made to our fa-thers, \* to A-bra-ham and

Cantor : The Lord of hosts protects us and *sets us free*; \*  
he guides and saves *his people*.

IV E 

### ANTIPHON 3

Cantor : He was pierced for our offences and burdened with our **sins**. \*  
By his wound we *are healed*.

### CANTICLE

I Peter 2 : 21-24

Cantor : Christ suffered for you, and left you an **example** \*  
to have you follow in *his footsteps*.

All : He did no **wrong**; \*  
no deceit was found in *his mouth*.

Cantor : When he was **insulted** \*  
he returned *no insult*.

All : When he was made to **suffer**, \*  
he did not counter *with threats*.

Cantor : Instead he delivered himself **up** \*  
to the one who judges **justly**.

All : In his own **body** \*  
he brought our sins to *the Cross*,

Cantor : so that all of us, dead to sin, /  
could live in accord with God's **will**. \*  
By his wounds you *were healed*.

All : Glory to the Father, and to the **Son**, \*  
and to the Holy **Spirit** :

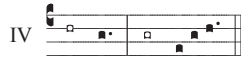
Cantor : as it was in the beginning, is **now**, \*  
and will be for ever. **Amen**.

Cantor : He was pierced for our offences and burdened with our **sins**. \*  
By his wound we *are healed*.

**READING**

*Acts 13:26-30*

My brothers, it was to us that this message of salvation was sent forth. The inhabitants of Jerusalem and their rulers failed to recognize him, and in condemning him they fulfilled the words of the prophets which we read sabbath after sabbath. Even though they found no charge against him which deserved death, they begged Pilate to have him executed. Once they had brought about all that had been written of him, they took him down from the tree and laid him in a tomb. Yet God raised him from the dead.



**RESPONSORY**

*Cantor* : Listen to us, O Lord, and have **mercy**, \*  
for we have *sinned against* you.

*All* : Listen to us, O Lord, and have **mercy**, \*  
for we have *sinned against* you.

*Cantor* : Christ Jesus, / hear our humble petitions, \*

*All* : for we have *sinned against* you.

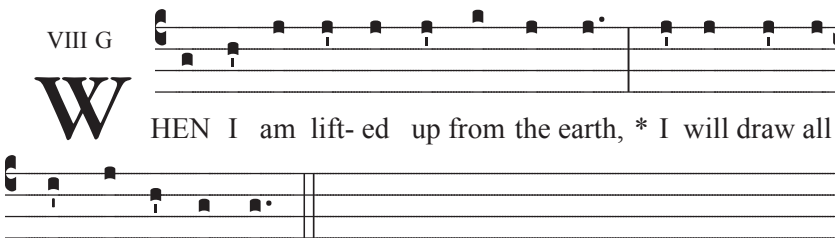
*Cantor* : Glory to the Father, and to the **Son**, \*  
and to the *Holy Spirit* :

*All* : Listen to us, O Lord, and have **mercy**, \*  
for we have *sinned against* you.

**CANTICLE OF MARY**

**STAND**

*The antiphon is sung by the Cantor.*

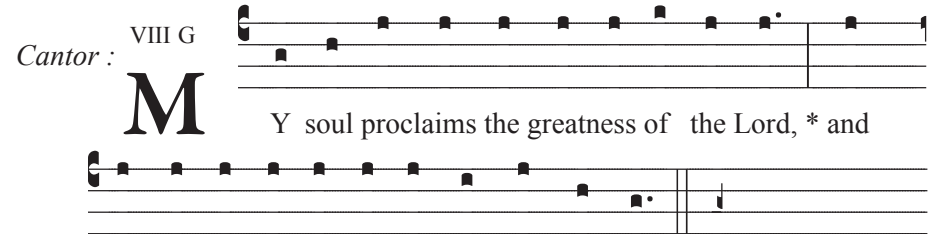


peo- ple to my-self.

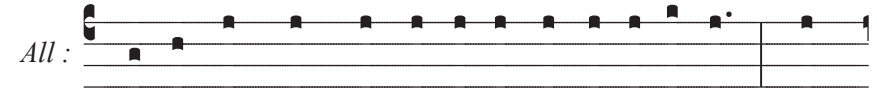
*The Cantor begins the Canticle, and alternates verses with All.*

**The soul rejoices in the Lord**

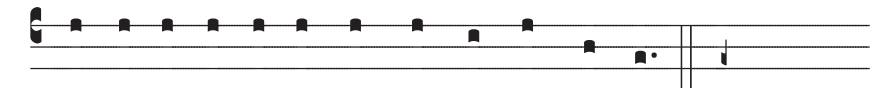
*Luke I: 46-55*



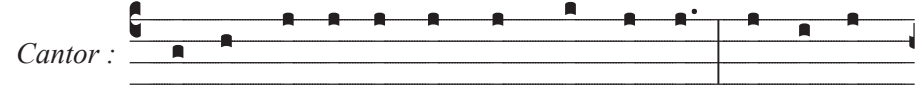
my spir- it re-joic- es in God my Sav- ior.



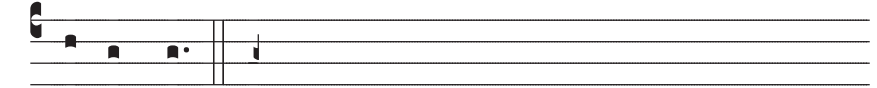
2. for he has looked with fav- or on his low-ly servant. \* From



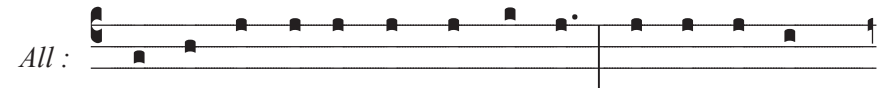
this day all gen- er- a- tions will call me bless- ed :



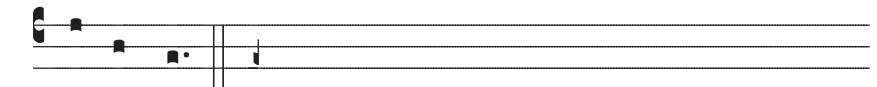
3. the Al- might- y has done great things for me, \* and ho- ly



is his Name.



4. He has mer- cy on those who fear him \* in ev- 'ry gen-




er- a- tion.

# V

## Responsory

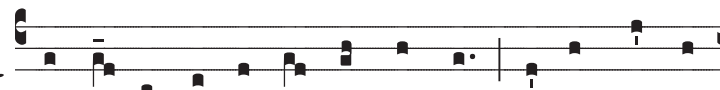
Resp. IV



**L** IS-TEN to us, O Lord, and have mer-cy, \* for we have sinned a-against you. Lis-ten. √ Christ Je-sus, hear our hum-ble pe-ti-tions. \* For we. √ Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it. Lis-ten

## At Magnificat. Antiphon

VIII



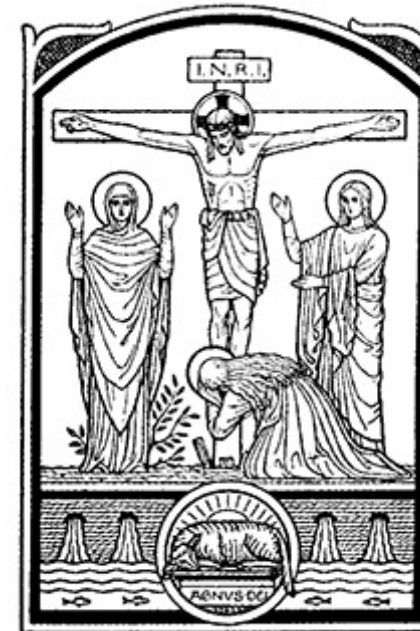
**W** HEN I am lift-ed up from the earth, \* I will draw all peo-ple to my-self.

*Prepared by*  
Fr. Samuel F. Weber, O.S.B.  
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## THE OFFICE OF SUNDAY VESPERS FIFTH SUNDAY OF LENT

*Roman Rite. Psalter : Week I*

Ordinary Form



CATHEDRAL OF SAINT EUGENE

*Diocese of Santa Rosa*

2013

*Walking Together in Holiness*

These words of the Letter to the Hebrews (10:24) urge us to reflect on the universal call to holiness, the continuing journey of the spiritual life as we aspire to the greater spiritual gifts and to an ever more sublime and fruitful charity (1 Cor 12:31-13:13). Being concerned for one another should spur us to an increasingly effective love which, “like the light of dawn, its brightness growing to the fullness of day” (Prov 4:18), makes us live each day as an anticipation of the eternal day awaiting us in God. The time granted us in this life is precious for discerning and performing good works in the love of God. In this way the Church herself continuously grows towards the full maturity of Christ (cf. Eph 4:13). Our exhortation to encourage one another to attain the fullness of love and good works is situated in this dynamic prospect of growth.

Sadly, there is always the temptation to become lukewarm, to quench the Spirit, to refuse to invest the talents we have received, for our own good and for the good of others (cf. Mt 25:25 ff.). All of us have received spiritual or material riches meant to be used for the fulfilment of God’s plan, for the good of the Church and for our personal salvation (cf. Lk 12:21; 1 Tim 6:18). The spiritual masters remind us that in the life of faith those who do not advance inevitably regress. Dear brothers and sisters, let us accept the invitation, today as timely as ever, to aim for the “high standard of ordinary Christian living” (*Novo Millennio Ineunte*, 31). The wisdom of the Church in recognizing and proclaiming certain outstanding Christians as Blessed and as Saints is also meant to inspire others to imitate their virtues. Saint Paul exhorts us to “anticipate one another in showing honor” (Rom 12:10).

In a world which demands of Christians a renewed witness of love and fidelity to the Lord, may all of us feel the urgent need to anticipate one another in charity, service and good works (cf. Heb 6:10). This appeal is particularly pressing in this holy season of preparation for Easter.


— Pope Benedict XVI

FIFTH SUNDAY OF LENT. AT SECOND VESPERS

*Psalter: Week I*


Antiphons *In Cantu*  
for cantor, schola or choir

1 Ant.  
VIII




**A**S the ser-pent \* was lift-ed up in the des-ert, so the  
Son of Man must be lift-ed up. *Psalm 109*

2 Ant.  
VI



**T**HE Lord of hosts protects us \* and sets us free; he guides  
and saves his peo-ple. *Psalm 113 A*

3 Ant.  
IV



**H**E was pierced for our of-fenc-es \* and burdened with our  
sins. By his wounds we are healed. *Canticle, 1 Peter 2:21-24*