**Cantor:** Blessed be the great Mother of God, / Mary most holy. *
Blessed be her holy and Immaculate Conception.

**All:** Blessed be her glorious Assumption. *
Blessed be the name of Mary, / virgin and mother.

**Cantor:** Blessed be Saint Joseph, * 
her most chaste spouse.

**All:** Blessed be God *  
in his angels and in his saints.

**Holy God, We Praise Thy Name**

| Holy God, we praise thy Name ; | Hark ! The loud celestial hymn  
Lord of all, we bow before thee ; | Angel choirs above are raising ;  
All on earth thy scepterclaim ; | Cherubim and seraphim,  
All in heav’n above adore thee ; | In unceasing chorus praising,  
Infinite thy vast domain ; | Fill the heav’n with sweet accord :  
Everlasting is thy reign. | Holy, holy, holy Lord.

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**PRAYER AFTER THE DIVINE OFFICE**

Let every creature give unending praise, honor, power and glory throughout all eternity to the Most Holy and Undivided Trinity, the crucified humanity of our Lord Jesus Christ, the chaste Motherhood of Mary, the ever glorious and blessed Virgin, and to the entire assembly of saints, and may we be granted the forgiveness of our sins.

Blessed is the womb of the Blessed Virgin Mary which bore the Son of the Eternal Father. And blessed are the breasts which nursed Christ our Lord.

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**PRAYER BEFORE THE DIVINE OFFICE**

Open my lips, O Lord, to praise your holy Name. Cleanse my heart of any vain, evil, or distracting thoughts. Give light to my mind and fervor to my will; enable me to recite this Office worthily, attentively, and devoutly, so that my prayer will be heard in the presence of your divine Majesty. Through Christ our Lord. Amen.

Lord, I offer you this Hour with the divine intention you had while on earth offering praises to God.

**EXPOSITION AND ADORATION OF THE MOST BLESSED SACRAMENT**

*O Salutaris Hostia*

| O salutáris hóstia, | O Saving Victim opening wide  
Que caeli pandis óstium, | The gate of heav’n to man below :  
Bella premunt hostília ; | Our foes press on from every side ;  
Da robur, fer auxílium. | Thine aid supply, thy strength bestow.  

| Uni trinóque Dómino | All praise and thanks to thee ascend  
Sít sempítierna glória : | For evermore, blest One in Three ;  
Qui vitam sine térmínο | O grant us life that shall not end  
Nobis donet in pátria. | In our true native land with thee.  

Amen.

| A time of silent adoration follows. | Amen.

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This resource and chant settings prepared by Fr. Samuel F. Weber, O.S.B.
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BENEDICTION

OF THE MOST BLESSED SACRAMENT

Tantum ergo Sacramentum
Venerémur cérnui;
Et antíquum documéntum
Novo cedat rítui;
Præstet fides suppleméntum
Sénsuum deféctui.

Genitóri, Genitóque
Laus et iubilátio,
Salus, honor, virtus, quoque
Sit et benedíctio:
Procedénti ab utróque
Compar sit laudátio.  Amen.

Therefore we, before him bending,
This great Sacrament revere;
Types and shadows have their ending,
For the newer Rite is here;
Faith, our outward sense, befriending,
Makes the inward vision clear.

Glory let us give and blessing,
To the Father and the Son;
Honor, might, and praise addressing,
While eternal ages run;
Ever too his love confessing,
Who from Both, with Both, is One.

Amen.

Tantum ergo Sacramentum
= Panem de cælo præstitísti eis (T. P. alleluia).

Omne delectaméntum in se habéntem (T. P. alleluia).

Oratio

O EUS, qui nobis sub sacraménto mirábili, passiónis tuæ memóriam reliquisti: * tribue, quæsumus, ita nos Córporis et Sánguinis tui sacra mystéria venerári; ut redemptiónis tuæ fructum in nobis iúgiter sentiámus: Qui vivis et regnas in sæcula sæculórum. Amen.

D EUS, qui nobis sub sacraménto mirábili, passiónis tuæ memóriam reliquisti: * tribue, quæsumus, ita nos Córporis et Sánguinis tui sacra mystéria venerári; ut redemptiónis tuæ fructum in nobis iúgiter sentiámus: Qui vivis et regnas in sæcula sæculórum. Amen.

Let us pray.

God, who in this wonderful Sacrament have left us a memorial of your Passion, * grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever. Amen.

The Divine Praises

V O Tree of beauty, Tree of light! O Tree with royal purple bright! Elect on whose triumphal breast Those holy limbs should find their rest.

5. On whose dear arms, so widely flung, The weight of this world’s ransom hung; The price of humankind to pay, And spoil the Spoiler of his prey.

6. O Cross, our one reliance, hail! This holy Passiontide avail To give fresh merit to the saint And pardon to the penitent.

7. To thee, eternal Three in One, Let homage meet by all be done: Whom by the Cross thou dost restore, Preserve and govern evermore. Amen.

Cantor : Blessed be God. *
Blessed be his holy Name.

All : Blessed be Jesus Christ, / true God and true man. *
Blessed be the Name of Jesus.

Cantor : Blessed be his most Sacred Heart. *
Blessed be his most Precious Blood.

All : Blessed be Jesus in the most holy Sacrament of the Altar. *
Blessed be the Holy Spirit, the Paraclete.
Cantor: Christ was scourged and treated with contempt, * but God's right hand has raised him up.

Psalm 109

King and Priest

A famous Messianic Psalm. In colorful pictures, the royal psalmist paints the mission, conflict, and triumph of our Savior. We ought to pray this Psalm with sentiments of deepest devotion, homage, adoration; for Christ has applied these words of prophecy to himself.

Christ's reign will last until all his enemies are made subject to him (1 Corinthians 15:25)

Appointed King by God

Cantor: The Lord's revelation to my Master: / "Sit on my right: * your foes I will put beneath your feet."

All: The Lord will wield from Sion your scepter of power: * rule in the midst of all your foes.

Cantor: A prince from the day of your birth on the holy mountains; * from the womb before the dawn I begot you.

Appointed Priest by God

All: The Lord has sworn an oath he will not change. / "You are a priest for ever, * a priest like Melchizedek of old."

Conqueror and Judge in God

Cantor: The Master standing at your right hand * will shatter kings in the day of his great wrath.

All: He shall drink from the stream by the wayside * and therefore he shall lift up his head.

Doxology

Cantor: Glory to the Father, and to the Son, * and to the Holy Spirit:

All: as it was in the beginning, is now, * and will be for ever. Amen.

Cantor: Christ was scourged and treated with contempt, * but God's right hand has raised him up.

Vespers concludes with Benediction of the Most Blessed Sacrament.
ANTIPHON 2

Cantor: The Blood of Christ washes away our sins * and makes us worthy to serve the living God.

Psalm 113 B

Praise of the true God

This Psalm dates from the time of the exile, and sets out to strengthen our trust in God who alone can help us, and our contempt of idols. In our prayers, this means God in his procession through the earth. Along the path, the idols of the world are beckoning to us: riches, pleasure, honor power. We renounce the devil and all his works.

We have renounced idol worship

to serve the living and true God (1 Thessalonians 1:9)

God alone be praised

Cantor: Not to us, Lord, not to us, *
but to your name give the glory.

All: for the sake of your love and your truth, *
lest the heathen say: / "Where is their God?"

God and idols

Cantor: But our God is in the heavens; *
he does whatever he wills.

All: Their idols are silver and gold, *
the work of human hands.

Cantor: They have mouths but they cannot speak; *
they have eyes but they cannot see;

All: they have ears but they cannot hear; *
they have nostrils but they cannot smell.

Cantor: With their hands they cannot feel; / with their feet they cannot walk. *
No sound comes from their throats.

All: Their makers will come to be like them * and so will all who trust in them.

Song of blessing

Cantor: Sons of Israel, trust in the Lord; *
he is their help and their shield.
5. He has shown the strength of his arm, * he has scattered the proud in their conceit.

6. He has cast down the mighty from their thrones, * and has lifted up the lowly.

7. He has filled the hungry with good things, * and the rich he has sent away empty.

8. He has come to the help of his servant, Israel * for he has re-membered his promise of mercy,

9. the promise he made to our fathers, * to Abraham and

All: Sons of Aaron, trust in the Lord; * he is their help and their shield.

Cantor: You who fear him, trust in the Lord; * he is their help and their shield.

All: He remembers us, and he will bless us; / he will bless the sons of Israel. * He will bless the sons of Aaron.

Cantor: The Lord will bless those who fear him, * the little no less than the great:

All: to you may the Lord grant increase, * to you and all your children.

Cantor: May you be blessed by the Lord, * the maker of heaven and earth.

All: The heavens belong to the Lord * but the earth he has given to men.

Cantor: The dead shall not praise the Lord, * nor those who go down into silence.

All: But we who live bless the Lord * now and for ever. Amen.

Doxology

Cantor: Glory to the Father, and to the Son, * and to the Holy Spirit:

All: as it was in the beginning, is now, * and will be for ever. Amen.

Cantor: The Blood of Christ washes away our sins * and makes us worthy to serve the living God.

IV E

Cantor: Christ bore our sins in his own body on the Cross * so that we might die to sin / and be alive to all that is good.

CANTICLE 1 Peter 2:21-24

Cantor: Christ suffered for you, and left you an example * to have you follow in his footsteps.

All: He did no wrong; * no deceit was found in his mouth.
**Cantor:** When he was insulted * he returned no insult.

**All:** When he was made to suffer, * he did not counter with threats.

**Cantor:** Instead he delivered himself up * to the one who judges justly.

**All:** In his own body * he brought our sins to the Cross,

**Cantor:** so that all of us, dead to sin, / could live in accord with God’s will. * By his wounds you were healed.

**All:** Glory to the Father, and to the Son, * and to the Holy Spirit:

**Cantor:** as it was in the beginning, is now, * and will be for ever. *Amen.*

**Cantor:** Christ bore our sins in his own body on the Cross * so that we might die to sin / and be alive to all that is good.

**READING**

*Acts 13:26-30*

My brothers, it was to us that this message of salvation was sent forth. The inhabitants of Jerusalem and their rulers failed to recognize him, and in condemning him they fulfilled the words of the prophets which we read sabbath after sabbath. Even though they found no charge against him which deserved death, they begged Pilate to have him executed. Once they had brought about all that had been written of him, they took him down from the tree and laid him in a tomb. Yet God raised him from the dead.

**RESPONSORY**

**Cantor:** Listen to us, O Lord, and have mercy, * for we have sinned against you.

**All:** Listen to us, O Lord, and have mercy, * for we have sinned against you.

**Cantor:** Christ Jesus, / hear our humble petitions, * for we have sinned against you.

**All:** Glory to the Father, and to the Son, * and to the Holy Spirit:

**Cantor:** so that we might die to sin / and be alive to all that is good.

**STAND**

**Ant:** It is | written: / * I will strike the shepherd and his flock will be scattered. † But when I have risen, / I will go before you into Galilee. * There you will see me, says the Lord.

*The Cantor begins the Canticle, and alternates verses with All.*

**Cantor:** The soul rejoices in the Lord

*Luke 1:46-55*

**All:**

**Cantor:** My soul proclaims the greatness of the Lord, * and my spirit rejoices in God my Savior.

2. for he has looked with favor on his lowly servant. * From this day all generations will call me blessed:

**Cantor:** The soul rejoices in the Lord

**All:**

**Cantor:** The soul rejoices in the Lord

**All:**

**Cantor:** The soul rejoices in the Lord

**All:**

**Cantor:** The soul rejoices in the Lord

**All:**

**Cantor:** The soul rejoices in the Lord

**All:**

**Cantor:** The soul rejoices in the Lord

**All:**
VI

Resp. L

IS-TEN to us, O Lord, and have mer-cy, * for we have
sinned a-gainst you. Lis-ten. V Christ Je-sus, hear our hum-ble
pe- ti-tions. * For we. V Glo- ry to the Fa- ther, and to the
Son, and to the Ho- ly Spir- it. Lis-ten

At Magnificat. Antiphon

VIII G

I

T is writ-ten: * I will strike the shepherd and his flock
will be scattered. But when I have ris-en, I will go be- fore
you in- to Gal- i- lee. There you shall see me, says the Lord.
It is ourselves that we must spread under Christ’s feet . . .

Dear young people, present here today, [Palm Sunday is an important day for the World Youth Day] this, in a particular way, is your Day, wherever the Church is present throughout the world. So I greet you with great affection! May Palm Sunday be a day of decision for you, the decision to say yes to the Lord and to follow him all the way, the decision to make his Passover, his death and resurrection, the very focus of your Christian lives. It is the decision that leads to true joy, as I reminded you in this year’s World Youth Day Message – “Rejoice in the Lord always” (Phil 4:4). So it was for Saint Clare of Assisi when, on Palm Sunday 800 years ago, inspired by the example of Saint Francis and his first companions, she left her father’s house to consecrate herself totally to the Lord. She was eighteen years old and she had the courage of faith and love to decide for Christ, finding in him true joy and peace.

Dear brothers and sisters, may these days call forth two sentiments in particular: [1] praise, after the example of those who welcomed Jesus into Jerusalem with their “Hosanna!”; and [2] thanksgiving, because in this Holy Week the Lord Jesus will renew the greatest gift we could possibly imagine: he will give us his life, his body and his blood, his love. But we must respond worthily to so great a gift, that is to say, with the gift of ourselves, our time, our prayer, our entering into a profound communion of love with Christ who suffered, died and rose for us. The early Church Fathers saw a symbol of all this in the gesture of the people who followed Jesus on his entry into Jerusalem, the gesture of spreading out their coats before the Lord. Before Christ – the Fathers said – we must spread out our lives, ourselves, in an attitude of gratitude and adoration. As we conclude, let us listen once again to the words of one of these early Fathers, Saint Andrew, Bishop of Crete: “So it is ourselves that we must spread under Christ’s feet, not coats or lifeless branches or shoots of trees, matter which wastes away and delights the eye only for a few brief hours. But we have clothed ourselves with Christ’s grace, or with the whole Christ … so let us spread ourselves like coats under his feet … let us offer not palm branches but the prizes of victory to the conqueror of death. Today let us too give voice with the children to that sacred chant, as we wave the spiritual branches of our soul: ‘Blessed is he who comes in the name of the Lord, the King of Israel!’” (PG 97, 994). Amen!

From the Angelus greeting of Pope Benedict XVI on Palm Sunday 2012