AT MASS

During Lent – On Saturday

Kenrick-Glennon Seminary
2011
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Today we begin our Lenten journey, when the Church invites us to ponder Christ’s saving work, to live out more deeply the reality of our Baptism and to draw rich nourishment from sacred Scripture. Above all, we are to relive with Jesus the 40 days he spent in the desert, praying and fasting, in preparation for his public mission. We join him in a spiritual journey, we follow him on the road to Calvary, and after the mystery of the Cross, we experience the joy of his Resurrection.

This day is marked by the solemn distribution of ashes. Two Scripture passages are used to accompany the rite. The first, “remember that you are dust and to dust you will return” (John 3:19), urges us to place our hope in God alone. The second, “turn away from sin and be faithful to the Gospel” (Mark 1:15), directs us to set out on the path of spiritual renewal, rejecting evil and drawing life from Christ’s saving truth.

The theme of my Lenten Message for this year is the Gospel text: “Jesus, at the sight of the crowds, was moved with pity.” We too are called to be attentive to the needs of our suffering brothers and sisters as part of our Lenten observance. Through prayer, fasting and almsgiving, may we be purified and renewed, as we prepare to celebrate the great feast of Easter.

During Lent. On Saturday

X. After Mass

Antiphon

Hail, O Queen of Heaven enthroned!
Hail, by angels Mistress owned!
Root of Jesse, Gate of morn,
Whence the world’s true Light was born:

Glorious Virgin, joy to thee,
Loveliest whom in heaven they see:
Fairest thou where all are fair,
Plead with Christ our sins to spare.
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N-light-en my eyes * that I nev-er sleep in death.  

Ps 12 : 4

Psalm 12, verse 4

How long, O Lord? / Will you utterly for-get me? *  
How long will you | hide your face from me? (R)

How long will you hide your face from me? (R)  
Ps 12 : 1. 6

Let me sing to the Lord, / How long will you | hide your face from me? (R)

Let me sing to the Lord, / How long will you hide your face from me? (R)

IX. After Communion

Antiphon

A - ve ve- rum Corpus na- tum de Ma- ri- a Virgi- ne :  
Ve- re passum, immo- lá- tum in cru-ce pro hámi- ne : Cu- jus

La-tus perfo-rá- tum flu-xit aqua et sángui- ne : Es-to

No-bis praé-gus-tá- tum mortis in ex- ámi- ne. O Je- su


Hail, true Body, truly born  
Of the Virgin Mary mild,  
Truly offered, racked and torn,  
On the Cross for man defiled,  
From whose love-pierced, sacred side  
Flowed thy true Blood’s saving tide :  
Be a foretaste sweet to me  
In my death’s great agony,  
O thou loving, gentle One,  
Sweetest Jesus, Mary’s Son.

First Week of Lent

Ref.: 5. c

T HE law of the Lord is perfect, * re-viv-ing the soul.  
Ps 18 : 8.15

Ref.: 7. d

I N ac- cordance with the mul-ti- tude of your mer-cies, * look  
on us, O Lord. (R)

H IDE not your face from your ser-vant ; * in my dis- tress, make  
haste to answer me. (R)

After Ash Wednesday

Ref.: 7. d

1

A Nswer us, O Lord, * for gen- er- ous is your steadfast  
love. Cf. Ps 68 : 17. 18

Ref.: 5. c

2

T HE decree of the Lord is faithful, * giving wisdom to lit-tle ones. (R)

Ref.: 5. c

L ET the words of my mouth and the thought of my heart find
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Second Week of Lent

Refr. 3. T
HE Lord is compassion-ate and mer-ci-ful, * pa-tient
and rich in mer-cy. Ps 144:8.9

HE Lord is good to all and has com-pas-sion * on all his crea-tures. (R)

THE eyes of all look hopeful-ly to you, O Lord, * and you give
them their food in due sea-son. (R)

Third Week of Lent

Refr. 4. B
LESS the Lord my soul; * it is he who for-gives all your sins. Ps 102:2.3

THE Lord is good to all and has com-pas-sion * on all his crea-tures. (R)

Ambrosian chant

During Lent. On Saturday

VIII. Communion

4. E
E preach a Christ who was cru-ci-fied; * he is the pow-er and the wis-dom of God. 1 Cor 1:23

Ps 95:1.3.4.6
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VI. Memorial Acclamation

8. D

Y-ing you destroyed our death, ris-ing you restored our

life: Lord Je-sus, come in glo-ry.

M

Ortem tu-am an-nun-ti-á-mus Dó-mi-ne, et tu-am re-sur
rect-i-ó-nem con-fi-té-mur, do-nec vé-ni-as.

We proclaim your death, O Lord, and we confess your Resurrection, until you come.

VII. Agnus Dei

Mass XVIII, “On the Ferial Days of Lent”

8. A

G-nus De-i,* qui tol-lis peccá-ta mundi: mi-se-ré-re

no-bis, bis Agnus De-i,* qui tol-lis peccá-ta mundi: do-na nobis

pa-cem.

During Lent. On Saturday

V 2

HE eyes of all look hope-ful-ly to you, O Lord, * and you give

them their food in due sea-son. (R')

Fourth Week of Lent

Refr. 4. a

N my trou-ble I called on the Lord; * from his tem-ple

he heard my cry. Ps 17: 5, 6, 18

V 1

HE groans of hell surrounded me; * the pains of hell were

a-bout me. (R')

V 2

Rom my might-y en-e-my he deliv-ered me, † and from those

who hat-ed me; * for they were too strong for me. (R')

Fifth Week of Lent

Refr. 2. D

Lord, do not remove your help from me. Look to

my de-fense. Ps 21: 20, 7, 23
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V. Sanctus


Ambrosian chant

How us mer-cy, Lord, we are sinners be-fore you.

The Lord is gra-cious and mer-ci-ful, * slow to anger, / a- bound-ing in kind-ness. (R)

The love of the Lord is from eternity / to e-ter-ni-ty * toward those who fear him. (R) Ps 102:8.17

N my distress I called up-on the Lord, and he heard me. Ps 17:7

This God, — his way is per-fect ; * the promise of the Lord proves true. (R)

I will praise you, Lord, / a-mong the na-tions, * I will sing a psalm un-to your Name. (R) Ps 17:31.50
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IV. Offertory

GIVE ear, O Lord, our God, and show us mercy, for we are sinners before you.

We ask you, O God, throned in pow’r and glory, hear now from heaven this our prayer of sorrow: show us your mercy as we beg forgiveness.

Ps 26: 14

Ps 26: 7. 9. 13

During Lent. On Saturday

II. Kyrie

YOU were sent to heal the contrite: Lord have mercy.

Lord have mercy.

You came to call sinners: Christ have mercy. R: Christ have mercy.

You plead for us at the right hand of the Father: Christ have mercy. R: Christ have mercy.


Ky-ri-e le-ison. ij.
During Lent. On Saturday

III. Responsorial Psalm.

Lent : Saturday after Ash Wednesday

Psalm 85 : 1-2. 3-4. 5-6

_Incline_ your ear, O Lord; / _answer me_, for I afflict- _ed and poor_.
Keep my life, / for I am devot- _ed to you_; save your servant who trusts in you./ _You are my God_. (R)

_Have mercy_ on _me_, O Lord,
for to you I call _all the day_.
Gladden the soul _of your servant_, for to you, O Lord, I lift _up my soul_. (R)

_For you_, O Lord, are good and _for- giving_, abounding in kindness to all who _call up-on you_.
Hearken, O Lord, _to my prayer_ and attend to the sound _of my plead-ing_. (R)

Verse before the Gospel

P

Raise to you, Lord Jesus Christ, King of endless glo-ry.

Ps 85:1 I take no pleasure in the death of the wicked man, / says the Lord; *
but rather in his conversion / that _he may live_. (R)

Canticle of Jeremiah. 31 : 10. 11-12. 13

Hear the _word of the Lord, O nations_,
proclaim it on distant _isles_, and _say_:
he who scattered Israel, now gathers _them to-geth-er_,
he guards them as a shepherd guards his _flock_. (R)

_The Lord_ shall ransom Jacob, /
he shall redeem him from the hand of his _conquer-or_.
Shouting, they shall mount the _heights of Si-on_,
they shall come streaming to _the Lord's blessings_:
the grain, the wine, and the oil, _the sheep and the ox-en_. (R)

_Then the_ virgins shall make _mer-ry_,
and young men and _old as well_.
I will turn their mourning _in-to joy_,
I will console and gladden them after their _sor-rows_. (R)

Verse before the Gospel

P

Raise to you, Lord Jesus Christ, King of endless glo-ry.

Ps 85:2 I take no pleasure in the death of the wicked man, / says the Lord; *
but rather in his conversion / that _he may live_. (R)
During Lent. On Saturday

Lent: Saturday Week 1

Psalm 118: 1-2. 4-5. 7-8

Raise to you, Lord Jesus Christ, King of endless glory.

Psalm 7: 2-3. 9-10. 11-12

O Lord, my God, in you I take refuge; save me from all my pursuers and rescue me, lest I become like the lion’s prey, to be torn to pieces, with no one to rescue me. (R)

Do me justice, O Lord, because I am just, and because of the innocence that is mine.

Let the malice of the wicked come to an end, but sustain the just, O searcher of heart and soul, O just God. (R)

A shield before me is God, who saves the upright of heart; a just judge is God, a God who punishes day by day. (R)

Verse before the Gospel

Psalm 7: 2-3. 9-10. 11-12

Raise to you, Lord Jesus Christ, King of endless glory.

Verse before the Gospel

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Let the malice of the wicked come to an end, but sustain the just, O searcher of heart and soul, O just God. (R)

A shield before me is God, who saves the upright of heart; a just judge is God, a God who punishes day by day. (R)
During Lent. On Saturday

Lent: Saturday Week 2

Psalm 102:1-2, 3-4, 9-10, 11-12

Bless the Lord, O my soul;
and all my being, bless his holy name.
Bless the Lord, O my soul,
and forget not all his benefits. (R')

He pardons all your sins,
he heals all your ills.
He redeems your life from destruction,
he crowns you with kindness and compassion. (R')

He will not always chide,
nor does he keep his wrath forever.
Not according to our sins does he deal with us,
nor does he requite us according to our crimes. (R')

For as the heavens are high above the earth,
so surpassing is his kindness toward those who fear him.
As far as the east is from the west,
so far has he put our transgressions from us. (R')

Verse before the Gospel

Psalm 50:3-4, 18-19, 20-21

Have mercy on me, O God, in your goodness;
in the greatness of your compassion wipe out my offense.
Thoroughly wash me from my guilt and of my sin cleanse me. (R')

For you are not pleased with sacrifices;
should I offer a burnt offering, you would not accept.
My sacrifice, O God, is a contrite spirit;
a heart contrite and humbled, O God, you will not spurn. (R')

Be bountiful, O Lord, to Sion in your kindness
by rebuilding the walls of Jerusalem;
then shall you be pleased with due sacrifices, burnt offerings and holocausts. (R')

Verse before the Gospel

Psalm 50:3-4, 18-19, 20-21

Raise to you, Lord Jesus Christ, King of endless glory.

If today you hear his voice, *
harden not your hearts. (R')

V. I shall get up and go to my father / and shall say to him, *
Father, I have sinned against heaven / and against you. (R')