PRAYER AFTER THE DIVINE OFFICE

Open my lips, O Lord, to praise your holy Name. Cleanse my heart of any vain, evil, or distracting thoughts. Give light to my mind and fervor to my will; enable me to recite this Office worthily, attentively, and devoutly, so that my prayer will be heard in the presence of your divine Majesty. Through Christ our Lord. Amen.

Lord, I offer you this Hour with the divine intention you had while on earth offering praises to God.

EXPOSITION AND ADORATION
OF THE MOST BLESSED SACRAMENT

O Salutaris Hostia

O salutáris hóstia,
Quæ cæli pandis óstium,
Bella premunt hostíliæ ;
Da robur, fer auxílium.

Uni trinóque Dómino
Sit sempiterna glória :
Qui vitam sine término
Nobis donet in pátria.

Amen.

A time of silent adoration follows.
SUNDAY AT SECOND VESPERS
Psalter: Week 1
A glimpse into the kingdom of God

Vespers is the evening prayer of the Church. This is the hour of thanksgiving for the graces bestowed during the day of salvation that has just passed. In Sunday Vespers we review gratefully the history of God's kingdom in the Church and in individual souls. We see Christ our victorious King in His power (Ps 109), and the Church in the image of the Jewish people, setting out from the slavery of Egypt into the promised land (Ps 113). There are two principal objects to our Vesper prayers: thanksgiving, and new courage to continue our pilgrimage.

OPENING VERSE

STAND

O God, come to my assistance. R: O Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Hymn

St. Gregory the Great. 540-604
Lucis Creator optime.

PRAYER

Cantor: Blessed be God.*
Blessed be his holy Name.

All: Blessed be Jesus Christ, / true God and true man.*
Blessed be the Name of Jesus.

Cantor: Blessed be his most Sacred Heart.*
Blessed be his most Precious Blood.

All: Blessed be Jesus in the most holy Sacrament of the Altar.*
Blessed be the Holy Spirit, the Paraclete.

Benediction

OF THE MOST BLESSED SACRAMENT

Tantum ergo Sacramentum

Veneremur cælum;
Et antíquum docúmentum
Novo cedát ritú
Prestet fídes suppleméntum
Sénsuum défécúti.

Genitóri, Genitóque
Laus et iubilátio,
Salus, honor, virtus, quoque
Sit et benedíctio:
Procedénti ab utróque
Compat sit laudátio. Amen.

Panem de cælo praestíste
Eis (T. P. alleluía).
R: Omne delectámentum in se
habéntem (T. P. alleluía).

Sit et benedício:
Vobis, qui nos sub sacraménto
mirábili, passiónis tuæ
memóriam reliquiástis: *
tribue, quæsumus, ita
nos Córporis et Sánguinis
tui sacra
reliquísti: *
tribue, quæsumus, ita
cónsécrátisque
nos Memórias tui;
Qui vivís et regnas in sæcula sæculórum. Amen.

V: You have given them bread from heaven (P.T. alleluia).
R: Containing all sweetness within it (P.T. alleluia).

Oratio

Deus, qui nobis sub sacraménto mirábili, passiónis tuæ memóriam reliquiástis: *
tribue, quæsumus, ita nos Córporis et Sánguinis tui sacra
mystéria venerári; ut redemptiónis tue fructum in nobis iúgiter sentiámus:
Qui vivís et regnas in sæcula sæculórum. Amen.

Let us pray.

O God, who in this wonderful Sacrament have left us a memorial of your Passion, * grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever. R: Amen.
Cantor: The Lord will stretch forth his mighty scepter from Sion, * and he will reign for ever, / alleluia.

Psalm 109

King and Priest

A famous Messianic Psalm. In colorful pictures, the royal psalmist paints the mission, conflict, and triumph of our Savior. We ought to pray this Psalm with sentiments of deepest devotion, homage, adoration; for Christ has applied these words of prophecy to himself.

Christ's reign will last until all his enemies are made subject to him (1 Corinthians 15:25)

Appointed King by God

Cantor: The Lord's revelation to my Master: / “Sit on my right: * your foes I will put beneath your feet.”

All: The Lord will wield from Sion your scepter of power: * rule in the midst of all your foes.

Cantor: A prince from the day of your birth on the holy mountains; * from the womb before the dawn I begot you.

Appointed Priest by God

All: The Lord has sworn an oath he will not change: / “You are a priest for ever, * a priest like Melchizedek of old.”

Conqueror and Judge in God

Cantor: The Master standing at your right hand * will shatter kings in the day of his great wrath.

All: He shall drink from the stream by the wayside * and therefore he shall lift up his head.

Doxology

Cantor: Glory to the Father, and to the Son, * and to the Holy Spirit: as it was in the beginning, is now, * and will be for ever. Amen.

Cantor: The Lord will stretch forth his mighty scepter from Sion, * and he will reign for ever, / alleluia.
ANTIPHON 2

Cantor: The earth is shaken to its depths * before the glory of your face.

Psalm 113

The Israelites are delivered from the bondage of Egypt

This Psalm in its simplicity is full of poetry: nature rejoices as it sees God marching by in the Ark of the Covenant. In our prayers, this is God’s solemn procession through time in the forward progress of his Church. Christ is in procession, a Corpus Christi procession; and it is our privilege to march along with him.

You too left Egypt when, at Baptism, you renounced that world which is at enmity with God (Saint Augustine)

God and his people

Cantor: When Israel came forth from Egypt, * Jacob’s sons from an alien people,

All: Judah became the Lord’s temple, * Israel became his kingdom.

Nature’s holy fear

Cantor: The sea fled at the sight: * the Jordan turned back on its course.

All: the mountains leapt like rams * and the hills like yearling sheep.

Cantor: Why was it, sea, that you fled, * that you turned back, Jordan, on your course?

All: Mountains, that you leapt like rams, * hills, like yearling sheep?

Cantor: Tremble, O earth, before the Lord, * in the presence of the God of Jacob,

All: who turns the rock into a pool * and flint into a spring of water.

Doxology

Cantor: Glory to the Father, and to the Son, * and to the Holy Spirit:

All: as it was in the beginning, is now, * and will be for ever. Amen.

The antiphon is repeated by the Cantor.
5. He has shown the strength of his arm, * he has scattered the proud in their conceit.

6. He has cast down the mighty from their thrones, * and has lifted up the lowly.

7. He has filled the hungry with good things, * and the rich he has sent away empty.

8. He has come to the help of his servant, Israel * for he has remembered his promise of mercy,

9. the promise he made to our fathers, * to Abraham and
Praise be the God and Father of our Lord Jesus Christ, he who in his great mercy gave us new birth; a birth unto hope which draws its life from the resurrection of Jesus Christ from the dead; a birth to an imperishable inheritance, incapable of defilement, which is kept in heaven for you who are guarded with God’s power through faith; a birth to a salvation which stands ready to be revealed in the last days.

Cantor: Glory to the Father, and to the Son, / and to the Holy Spirit:
All: as it was in the beginning, is now, / and will be for ever. Amen.

Cantor: All power is yours, Lord God, * our mighty King, / alleluia.

READING 1 Peter 1:3-5

Cantor: The whole creation proclaims * the greatness of your glory.
All: The whole creation proclaims * the greatness of your glory.
Cantor: Eternal ages praise *
All: the greatness of your glory.
Cantor: Glory to the Father, and to the Son, * and to the Holy Spirit:
All: The whole creation proclaims * the greatness of your glory.

Canticle of Mary Luke 1:46-55

The soul rejoices in the Lord

2. for he has looked with favor on his lowly servant. * From this day all generations will call me blessed:

Cantor:

All:

3. the Al-mighty has done great things for me, * and holy is his Name.

Cantor:

All:

4. He has mercy on those who fear him * in ev’ry generation.

Cantor:

All:
Prepared by
Fr. Samuel F. Weber, O.S.B.
Copyright © 2012 Saint Meinrad Archabbey
St. Meinrad, IN 47577-1010 U. S. A.
All rights reserved
Used with permission
webersfl@gmail.com

THE OFFICE
of
SUNDAY VESPERS
Roman Rite. Psalter: Week 1
Ordinary Form

CATHEDRAL OF SAINT EUGENE
Diocese of Santa Rosa
2012
SUNDAY AT SECOND VESPERS

Psalter: Week 1

Antiphons In Cantu
for cantor, schola or choir

1 Ant.

VIII

The Lord will stretch forth * his might-y scepter from Si-

on, and he will reign for ev-er, al- le- lu- ia. Psalm 109

2 Ant.

VI

The earth is shak-en to its depths * be-fore the glo-ry of

your face. Psalm 113 B

3 Ant.

A

All pow-er * is yours, Lord God, our might-y King,

al- le- lu- ia. [intonation from antiphon] Canticle, Apocalypse 19: 1-7

At Magnificat. Antiphon ad libitum

The Antiphon is taken from the proper of the Season, to agree with
the Gospel of the day. Or the following may be sung :

Here two or three * are gathered to-geth- er in my

name, I am there a-mong them, says the Lord.

E who los-es his life * because of me and for the

Gospel, shall save it, says the Lord.

Chant settings by Fr. Samuel F. Weber, O.S.B. Copyright © 2012 Saint Meinrad Archabbey, St. Meinrad, IN 47577-1010
U.S.A. All rights reserved. Used with permission. Email: webersfl@gmail.com